

Rousay, Egilsay & Wyre REVIEW

April 2011

E-mail
Edition



School & Club Vouchers 2011

Rousay School is once again collecting Tesco vouchers for school equipment.

Vouchers can be put in the collection box at school reception.

Rousay Horticultural Society Annual Show and Tattie-in-a-bucket Competition

Just a reminder that this year's show and tattie weigh-in are on Saturday 6th August. This year the show schedule is free and you would have already received a copy with your December review. The schedule can also be downloaded from the Around Rousay website (follow the link on the homepage at www.aroundrousay.co.uk). Paper copies of the schedule and competition labels will also be available later in the year from the shop and restaurant, or contact Dianne Hull on 821 225.

If you missed the chance to get your tattie and bucket from Shelagh on Saturday, then please contact her on 821 283 and she will be happy to get one to you.



ROUSAY S.W.R.I

A big 'thank you' to Matt for his interesting talk and to the members and guest who turned out on such a miserable evening.

Our next meeting is on Tuesday, 12 April 2011
@ 8pm in the Community School.

Our guest speaker for the night is
Caroline Kirkness who will be talking about 'crafts made from old bruck.'

Competitions

Plain gingerbread.
Bonniest cheese dish.

Refreshments to follow.

What's On at a Glance

April 2011

Friday 1st.

⇒ Poker League Final, Pier Restaurant

Monday 11th.

⇒ Youth Club

Tuesday 12th.

⇒ Housing in the Isles Event, School,
12pm-5pm

⇒ S.W.R.I. Meeting, School, 8pm

Saturday 16th.

⇒ Bag the Bruck

Sunday 17th.

⇒ Bag the Bruck

Monday 18th.

⇒ Youth Club

Saturday 23rd.

⇒ Church Service, Church Centre,
11.30am

Monday 25th.

⇒ Easter Service, Westness, 11.30am

Tuesday 26th.

⇒ REWG Community Council Meeting,
School, 7.30pm

Thursday 28th.

⇒ Mobile Library

Get your Review e-mailed,
and get it **faster**...

E-mail:
kayleigh@aroundrousay.co.uk

And you'll be added
to the mailing list.

Telephone Directories



Rousay, Egilsay and Wyre telephone directories are on
sale at the school and various other outlets - price £2.

<p>REWG Community Council</p> <p>The Rousay, Egilsay, Wyre & Gairsay Community Council meet on Tuesday, 26 April 2011 at 7.30pm in the GP room at the Rousay Community School.</p> <p>Members of the public are welcome to attend and view the proceedings.</p>	<p>Youth Club Dates</p> <p>11th & 18th April</p>	<p>Mobile Library</p> <p>The Library Van next visits Rousay, Egilsay and Wyre on Thursday 28 April.</p>
--	---	--

<p>FOR SALE</p> <p>160gb Playstation 3</p> <p>Comes with all the cables that came with purchase as well as a controller and HDMI cable.</p> <p>£120 O.N.O.</p> <p>Call Jodie on 0791 7331451</p>	<p>Islands View Surgery</p> <p>Public Holiday Notice</p> <p>The surgery will be closed on the following dates:</p> <p>Friday 29 April Saturday 30 April Monday 2 May</p>
--	---

Bag the Bruck 2011

Bag the Bruck 2011 is taking place on Saturday 16/Sunday 17 April 2011.

Local groups/charities seeking sponsorship for participating in the clean up need to get their requests to the Clerk **before** the event takes place to be considered at the next meeting of the REWGCC.

Contact details:
Diana Compton, Midgard, Rousay, KW17 2PT
email: rewgcc@btinternet.com



For bags and gloves please phone 821 375.

FOR SALE

If you are interested in any of the items below, contact Lindsay or Sean (821 407).

Nike trainers

Kids/Girls Size 9
Pink, Silver, White

New without box,
never been used

£20

Double Buggy

Next to each other
Red

Hardly used

£40

Double Buggy

One in front of the other
Black

Good condition

£40

Mobile Catering Trailer

8 x 6

Fitted out with new vinyl

Fridge freezer
black and silver

Good condition

£2,250 O.N.O.

Ford Galaxy

02 Reg; Silver; 7seater; 2.3 Engine; Petrol; Automatic; Power Steering;
67,000 miles roughly on clock. Comes with Tow Bar worth £250.

Taxed and MOT'd until June.

£3,300 O.N.O.

Rousay, Egilsay & Wyre Development Trust



UPDATES ON CURRENT DEVELOPMENTS

Powerdown

We recently learned that we have been unsuccessful in our application for further funding from the Climate Challenge Fund for 2011/12. Most of the funding has gone to communities which had not previously had funding and none of the Orkney or Shetland applications have been funded. This means that from 31st March our Powerdown funding comes to an end. Matt and Michelle will, however, continue with the construction of the community gardens until their completion, and that will then be it for Powerdown in REW.

A notable achievement of the Powerdown project is the perceived reduction in fuel poverty across our community. When asked in 2009 whether people thought they were in fuel poverty (spending more than 10% of their household income on heating their home), 83% of respondents thought they were. The same question was asked in the final survey last week. Following the Affordable Warmth project, 30% of those who responded thought that they were in fuel poverty. The 30% is still something for us to work on as a Trust but significant progress has clearly been made.

As a result of Powerdown, the Development Trust earned a further £3000 from the partnership with the Energy Saving Trust through the Home Insulation Scheme: we funded the Trust's offices for a year, including rent and hydro costs; we purchased teleconferencing equipment for use across the three islands; and we were instrumental in, and funded 50% of the digital projector (along with the Community Council and Community Association), which is also used by the new cinema group.

Powerdown has been a great success for the Development Trust, and Michelle, our Powerdown Officer, and the members of her team – Matt, Rachael, John, Davey and Jess - should be congratulated for their hard work on behalf of our community.

Development Plan

Consideration of the revised Development Plan is still on-going. It will be made public before the 2011 AGM.

Community hall turbines

As a result of persistent, sustained pressure from Chris Cox [our Community Development Officer] and Mark Hull [for Community Energy Scotland] the installation of a 6 kW turbine at each of the islands' community halls/schools is well under way and should be completed and invoiced before the end of March thereby ensuring that the grant aid for these turbines is not forfeited.

Company Office at the Manse, Rousay

The company office is now up and running. Members of the community are invited to drop in to ask for information or to make known their views or concerns. Because all Trust employees are part-time and are quite often out-and-about, the office will not always be open. There will, however, be someone there Mondays, Wednesdays and Thursdays 10-12. If you wish to see someone outside these times please phone or e-mail [details at the foot of this page].

REWired Limited [the Trusts' trading subsidiary]

Financial close [finalising the loan from the Co-operative Bank] for the 900kW turbine on Kingarly Hill has been further delayed, for reasons outwith our control, but is still expected by the end of March.

Regular updates about the Trust will be posted at the usual communication points including the REWDT web site www.orkneycommunities.co.uk/REWDEVTRUST, community notice boards and the Eynhallow.

Rousay, Egilsay and Wyre Development Trust
is a charitable company limited by guarantee.
Co. Reg. No: SC318527 Charity Reg. No: SC040407
Registered Office: Manse, Rousay, Orkney, KW17 2PR
Telephone: 01856 821229
e-mail: rewdevrust@googlemail.com



Supported by
The National Lottery[®]
through the Big Lottery Fund



Housing in the Isles

Rousay, Egilsay, Wyre & Gairsay Event

Does your island need:

- More housing
- Less housing
- Better quality housing
- Housing to attract new people to your community.

A drop-in event is being held on

Tuesday 12th April

to give you the opportunity to have your say.

No need to book a place, just turn up and tell us what you think the key housing issues for your island are.

Time: from 12h00 to 17h00

Venue: Rousay Community School



ORKNEY
ISLANDS COUNCIL



Well North

Health Checks for 40 – 64 year olds

The Rousay practice has become involved in a new national initiative health programme called Well North. This programme is inviting people aged 40-64 into the practice for a health-check.

As part of this initiative, and to test different methods of carrying out these checks, a local Scottish Ambulance Paramedic has been seconded to NHS Orkney and trained to undertake the checks as a trial and development of their role. We have agreed to host the paramedic on Rousay to be able to offer this important and worthwhile service.

If you're 40 to 64 years old, you may be eligible for a free and confidential health check. If so, you will be contacted by the surgery and invited along for a health check.

The Well North health check is free and takes around 30-40 minutes to complete. The paramedic will run a few quick checks to see whether you're at risk of conditions like diabetes, high blood pressure or heart disease and they will provide you with some practical advice on how you can reduce your risk of developing any of these conditions. You will also be asked about your lifestyle and social circumstances to ensure a complete picture of your health.

After the health check you will receive support and advice about possible changes to improve your health. The session will also give you the opportunity to discuss in confidence any concerns or worries you may have about your health.

NHS Orkney delivered its first Well North health check in August last year. The Well North programme is also being rolled out across Grampian, Highland, Shetland and the Western Isles, focusing on early intervention with adults at greater risk of coronary heart disease and diabetes and aiming to increase the rate of health improvement in remote and rural communities.

Dr Louise Wilson, NHS Orkney's Director of Public Health said *"A Well North health check provides a great opportunity to discuss your health and any lifestyle issues affecting it with a health professional as well as ensuring your risk of developing conditions such as diabetes and high blood pressure can be assessed. I would urge anyone who receives an invitation to a Well North health check to make the most of this opportunity."*

If you would like more information about Well North or to find out how you can make healthier lifestyle choices please contact NHS Orkney's Public Health Department on 870 690.

More information can also be obtained on the Well North website:

<http://www.keepwellscotland.org.uk/where/well-north/index.aspx>

Church Service

on Sat 23rd April
Easter Saturday
at 11.30 am

David Fidler

All Welcome

Easter Service

St Mary's Chapel, Westness
Easter Monday 25 April at 11.30 am.

All welcome!

Poker League Final

At the Pier Restaurant on Friday 1st April.



Playpark Raffle

1st Prize: Book of 50 Passenger Tickets, donated by: 

Various other prizes!

Raffle tickets available at the Pier Restaurant or from John Garson.

Raffle will be drawn on 20 April 2011.

For Sale

Triangle Club minibus Garage

Situated between Visitor Centre and Frotoft Fab shed.

Solid building in good condition with electricity supply and small area of fenced off ground.

Telephone 821 244

The Taversoe

The Taversoe remains temporarily closed until Wednesday 13 April.

No InnQUIZition in April.

WANTED

Small grass topper ideal for a Massey Ferguson TE20 Tractor

Second-hand Farm Outbuilding

Chickens, Ducks, Female Pig, Ideal for Breeding. Will pay.

Contact Sean 821 407

WANTED

Odd jobs on the island

Call Sean at Quoys on 821 407

Limited Space on Ferry Sailing

Due to a large party booking, space on the 1805 sailing from Tingwall to Rousay on Wednesday 6 April will be limited. Passengers wishing to reserve a space on this sailing should contact Tingwall Office on 01856 751360.

All items for the May 2011 Review should be sent to the Editor, Kayleigh Tipper, by **Wednesday 27 April 2011**.

Telephone/Fax: 01856 821 360

E-mail: kayleigh@aroundrousay.co.uk

The Review is printed and published by the **Rousay Community Association**.