



## October 2020

### What's On this month

#### Wednesday 7<sup>th</sup> October

The Taversoe InnQUIZition, 8pm, via Zoom

**Thursdays** Singlinger, 8pm, online

**Sundays** Early Church, 9am, online

#### Fortnightly Sundays

The Taversoe's Music Bingo, 8pm, via Zoom



### Looking for new homes for Kittens

I have a number of tabby kittens and am looking for new homes. They will be ready to leave mum in late October.

If anyone can offer them a home, please call Andrea on 821331.

### We Can Work It Out

Oh, yes, we can!  
Song share and have a laugh.

Singlinger are starting to meet online Thursdays 8pm

Contact Frances for more info  
[roebuckfrances@gmail.com](mailto:roebuckfrances@gmail.com)

### Olive oil and Medjoul dates from Palestine

The 2020 Charities' Bazaar in Kirkwall has been cancelled and the Rousay pre-Christmas Bazaar might well suffer the same fate.

I do, however, have a fresh supply of Zaytoun olive oil and Medjoul dates from Palestine, with "Best Before" dates well into 2021:

- 750ml bottles of olive oil [ @£12.50 ]
- 500ml bottles of olive oil [ @£9.50 ]
- 500g boxes of dates [ @£6.50 ]
- 250g boxes of dates [ @£3.50 ]

To order please ring 821 235 or email [everybist@gmail.com](mailto:everybist@gmail.com)

Bryan Milner [Secretary, Orkney Friends of Palestine]

October 2020

# The Taversoe

01856 821 325



## Remembrance Sunday

As we not be open on Sunday November 8th for our annual Curry Buffet we will be offering a Curry Takeout service instead.

Please give me a call after October 12th to find out what's on offer and to place an order.  
Many thanks



The bar and restaurant will remain closed. As of yet I have no dates to re-open either.

## The Taversoe



## Take-Out

Available by pre-order for collection or delivery.

Assigned time slots for collection to assist in social distancing.

Please wear a face mask and use the hand sanitiser for collections.

At least 24hr notice appreciated.  
Many thanks and stay safe.

### Current Menu Options:

- Battered Fish
- Wholetail Scampi
- Chicken Dippers
- Baikie's Chip Shop Patties

## The Taversoe InnQUIZition



### The Taversoe InnQUIZition

Wednesday October 7th

8pm via Zoom - ID: 898 3626 6893

Notices on "The Taversoe" Facebook Page



## Music Bingo

### Fortnightly Sundays

7pm via Zoom - ID: 889 6723 6706

Notices on "The Taversoe" Facebook Page



The Taversoe on Facebook - InnQUIZition & Music Bingo



## REW HERITAGE SCIO



REW Heritage Trustees are pleased to announce that they have secured the services of the design team, based in Orkney, who were involved with the displays in previous high-quality Orkney projects, including the Burray Fossil Centre and Skail House, to develop and implement our ideas for extending and upgrading the heritage display in the Waiting Room building at the Rousay Pier.

Work on this project, which is wholly funded through the North Isles Landscape Partnership Scheme, has just started and is scheduled to be completed [coronavirus willing] by March 2021.

Further information is available via [everybist@gmail.com](mailto:everybist@gmail.com)



HISTORIC ENVIRONMENT SCOTLAND

ÀRAINNEACHD EACHDRAIDHEIL ALBA



The European Agricultural Fund for Rural Development: Europe investing in rural areas



Highlands and Islands Enterprise  
Iomairt na Gàidhealtachd 's nan Eilean



## Wanted

We are looking for any old car tyres people would like disposed of for free. They are to be used as part of a foundation system in an ecobuild house. We are happy to collect or you can drop them off in the driveway of Eyja Heima (see image).

This is a great alternative to putting them into landfill.

Martin Douglas and Vivian Bailey  
Eyja Heima Caravan  
Rousay  
KW17 2PU  
eyjaheima@gmail.com  
07788 414 254



## Free knife or scissor sharpening

We have a professional blade sharpening/honing tool and would be happy to sharpen anybody's knives or scissors to bring them back to a perfect cutting edge.

We can collect or you can contact us to drop off then collect at an agreed time (to ensure Covid-19 physical distancing and contact guidance is maintained). All items will be wiped prior to return. Please ensure items are safely wrapped to prevent injury.

Eyja Heima Caravan  
Rousay  
KW17 2PU  
eyjaheima@gmail.com  
07788 414 254

## Early Church

Sundays 9am Online

Contact Frances for more information

roebuckfrances@gmail.com / Glebe 821 340 / 07850 064093

Allotment  
Association

## Allotment Association

For information about the allotment plots, polytunnel plots or equipment hire, please contact Ian on 07879 496686.



## SHOP OPENING HOURS:

Monday 2-5pm  
Wednesday 2-5pm  
Friday 2-5pm  
Sunday 2-4pm

## HOME DELIVERY:

For a Monday delivery please ring 821365 or e-mail [marion365rousay@gmail.com](mailto:marion365rousay@gmail.com)  
Before Saturday 12am.

For a Friday delivery please place order by Wednesday 12am.

*Stay safe, from all at the shop.*



## Changes to 2020 Poppy Collection

This year the school will not be distributing collection tins and poppies around the island in order to avoid the handling of large quantities of coins due to COVID-19.

However, it is very easy to donate directly to Poppy Scotland this year in the following ways:

- ONLINE:** [www.poppyscotland.org.uk](http://www.poppyscotland.org.uk)  
**BY PHONE:** 0131 550 1542 (Monday-Friday 9am-4.30pm)  
**BY POST:** Fundraising Department  
Poppy Scotland  
New Haig House  
Logie Green Road  
Edinburgh  
EH4 4HQ

We ask that you please do not drop off any cash donations to the school and thank you for your understanding. We hope to continue our regular cash collection next year.



## Orkney Islands Council

### We're hiring cleaning staff to clean Rousay School.

**£10.52 per hour (including Distant Islands Allowance)**

**Hours are offered on an as and when required basis**

We are looking for self-motivated individuals who can provide day cleaning services and, when required, evening cleaning services to cover holiday and sickness absence.

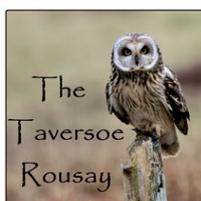
Duties will include a range of cleaning activities including the use of powered cleaning equipment to ensure the premises are kept in a clean and hygienic condition.

For an informal discussion about the above post please contact Caroline Petrie, Building Cleaning Manager, or Tara Croy, Building Cleaning Officer Tel: 07467 000679 or 07467 000677.

Further information is available from, and online applications can be made through [www.myjobscotland.gov.uk/orkney](http://www.myjobscotland.gov.uk/orkney)

### Search for Relief Cleaner ORK03864

*Please note interview expenses are not payable for this post.*



**Calling all Self-Isolators  
Or  
Anyone Isolating/Working from Home**



Anyone self-isolating, or indeed isolating due to Covid-19 circumstances i.e. working from home, is entitled to a free 2-course meal once a week provided by Carey at The Taversoe.

We have been able to continue this offer, because REWDT has agreed to fund this offer until the end of December 2020.

Please contact Julie either by e-mail or telephone:  
Triangle.club60@aol.com or 01856 821269

## Update

### How to contact us

Our office is currently closed to visitors. Our staff are still working, but are not always in the office. The office e-mails, post, and phone messages are being picked up most days and the staff will respond as soon as they are able to. Thank you for your patience in such difficult times. Stay safe.

### REWDT & REWIRED

For REWDT & REWIRED, please either e-mail [info@rewdt.org](mailto:info@rewdt.org) or leave a message on 821 229.

### Heat Smart Orkney

For Heat Smart Orkney, please e-mail [info@heatsmartorkney.co.uk](mailto:info@heatsmartorkney.co.uk) or leave a message on 821 277.

### Covid-19 Support - NEW

We are delighted to announce that we are extending our Covid-19 funding support for a further 3 months, to 31 December 2020. Our funding support includes the packing and delivery costs of groceries delivered by Marion's Shop and Rousay Deliveries, as well as the delivery costs of The Taversoe's weekend take-out meals. We are also continuing to fund The Triangle Club's weekly 2-course meal from The Taversoe, which has proved hugely popular. We also continue to supply PPE free of charge, which can be collected from the phone box at Rousay Pier.

### The Pier - NEW

The Pier building is currently closed to public access. There has been a spate of vandalism at the building, locks have been damaged, and forced entry into the building itself has taken place. An oil spillage has also occurred. Having taken advice from Environmental Health, our insurance company, and the fire service, there will be no access to the building unless by specific arrangement. For safety, and to prevent further damage, fencing will be erected on site in the coming weeks. Any further wilful damage will be reported to the Police.

### EGM/AGM Update - NEW

At the start of the Covid-19 pandemic, REWDT received a request from 11 members to hold an EGM. Due to the Government restrictions, and following advice received from OSCR (the Scottish charity regulator), we were unable to hold a public meeting at that time.

We continue to monitor the latest advice from the Scottish Government and OSCR. The Scottish Government is clear that indoor meetings are not possible at the moment, so the EGM and our upcoming AGM (originally scheduled for November 2020) have been postponed.

### Electric Car Hire

We are continuing to offer the electric car hire, so that Car Club members can make essential journeys, in line with current Government advice on car hire. REWDT would like to assure all members that we have an enhanced cleaning regime after every hire. Please see our website for detailed car hire rules due to Covid-19. Thank you.

## Wellbeing Update

Alice Foulds **REWDT Wellbeing Co-Ordinator**

Telephone: 01856 821 229 / Mobile: 07948 466 380

E-mail: [alice@rewdt.org](mailto:alice@rewdt.org)

### Let's Zoom!

As we approach another lockdown, many people may be starting to dread that feeling of isolation and loneliness that was felt when lockdown first started, or even maybe just boredom kicking in with limited places to go or faces to see. On Saturday 10<sup>th</sup> October, World Mental Health day at 12:30pm-1:15pm I will be holding an informal group Zoom for anybody that would like to join. This Zoom is open to anyone with the aim to limit the feeling of being alone in these hard times. This can also be an opportunity to tell me what you expect of me as a Well-being Co-ordinator or anything you might want me to do, I can obviously speak privately about any matters and I can also explain what I can and cannot do as Well-being Co-ordinator.



If anybody would like to join,  
the Zoom ID and password are:

**Topic: Alice Foulds' Zoom Meeting**

**Time: Saturday 10<sup>th</sup> Oct 2020, 12:30 PM**

**Meeting ID: 981 0933 7203**

**Passcode: ROUSAY**

If anybody is unsure of how to set up Zoom and join the meeting etc.  
I can phone/email prior to the event explaining how to set it up  
and even do a practice run to make sure you are not missing out.

## CONNECTING SCOTLAND SCHEME

Connecting Scotland is a Scottish Government programme, set up in response to Coronavirus. The aim is to provide devices such as Chromebooks, iPads and tablets, and support people who are digitally excluded in developing their skills etc. The second phase of the scheme is open to households with children, or where a child is normally resident (this includes pregnant woman) and care leavers up to the age of twenty-six (in line with eligibility for aftercare support).

To enable us to gauge interest  
in this, please contact Alice.



Dementia Dog Project

A collaboration between Alzheimer Scotland and Dogs for Good



## Tackling isolation during corona virus

*New online dog therapy for people with dementia and their carers*

In response to existing lockdown restrictions, the Dementia Dog team are developing new fun online support services while our face to face therapy sessions are on hold.

This leaflet is designed for dementia support staff to tell you more about these new services - how they help and can complement and enhance other online activities you are undertaking.

**We would love to hear from you, wherever you're based in Scotland, mainland or islands!** If you'd like to find out more or have a taster session of any of the services below, please get in touch!



### Want to find out more?

Just get in touch with our Dementia Specialist, Nadia Sutherland

[nsutherland@alzscot.org](mailto:nsutherland@alzscot.org) | 07771 358843



## Updates

### Free Rechargeable Lanterns

The REW DT has provided Islands View Surgery with a small number of lanterns which they will issue to our more vulnerable residents to be used instead of candles during the winter months and when power cuts happen. Please contact the surgery if you feel you would benefit from having one of these.

### Crossroads & Here2Help

We are pleased to inform residents that we are now working with Crossroads Carers, alongside Age Scotland in providing the services offered under the Here2Help scheme. If any resident would like to use Crossroads Carers or would like further information, please feel free to contact Gill at the office in the first instance.

For Here2Help, please contact Gillian at Age Scotland Orkney (01856 872438 or Gillian@ageconcernorkney.org.uk).



### Wellbeing 100

The Rousay Healthy Living Centre is re-opening its doors in October. Any resident who wishes to use their Wellbeing 100 grant to pay for gym sessions is welcome to apply. Note that this is only available to residents who have not already used up their Wellbeing 100 grant in this financial year.

### Our Current Grant Funds:

Broadband; Child Ferry Tickets; Driving Lessons; Education; Wellbeing 100

### Ready to apply to one of our grant funds?

Due to Covid-19 restrictions, our Office is closed, and staff are working predominantly from home. We are currently encouraging electronic grant applications. Application forms for grants are available on our website ([www.rewdt.org](http://www.rewdt.org)) and can be filled in, signed, and returned to us electronically ([grants@rewdt.org](mailto:grants@rewdt.org)), however, if you would prefer an application form to be posted out to you instead, we will happily do so. Please call and leave a message on 01856 821 229 or email [grants@rewdt.org](mailto:grants@rewdt.org)

All applications to the above Grant Schemes must be received a minimum of **two weeks** before the training or first well being activity takes places, and a minimum of **two weeks** before payment is due, to allow sufficient time for applications to be processed.

The next two Board Meetings are planned for **Saturday 24<sup>th</sup> October 2020 & Saturday 12<sup>th</sup> Dec. 2020.**

Telephone: 01856 821 229

Website: [www.rewdt.org](http://www.rewdt.org)

General E-mails: [info@rewdt.org](mailto:info@rewdt.org)

Grants E-mails: [grants@rewdt.org](mailto:grants@rewdt.org)



[facebook.com/rewdt](https://facebook.com/rewdt)

### Directors:

John Garson (Chair), Kayleigh Tipper (Vice-Chair), Carolyne Tunbridge (Treasurer),  
Carole Maguire, Alison Mainland, Mark Hull (co-opted) & Peter Roebuck (co-opted).

**Rousay, Egilsay and Wyre Development Trust** is a charitable company limited by guarantee.

Co. Reg. No: SC318527 Charity Reg. No: SC040407

Registered Office: The Manse, Rousay, Orkney, KW17 2PR



# Rousay Healthy Living Centre

Open from Sept 29th

## Opening Times

### Monday

19:00 - 19:45

20:00 - 20:45

### Tuesday

19:00 - 19:45

20:00 - 20:45

### Thursday

19:00 - 19:45

20:00 - 20:45

### Saturday

16:00 – 16:45

To book please phone **01856 821 443** during session hours or leave a message.

Phone **07746 489973** or **07856 073768** between 10am & 4pm or leave a message.

Alternatively you can email us at [rousay.hlc@glow.orkneyschools.org.uk](mailto:rousay.hlc@glow.orkneyschools.org.uk)

## User Guidance

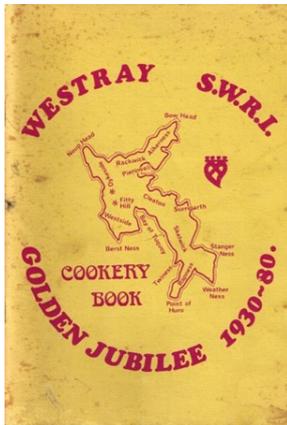
- Please do not enter any of our facilities if you are currently experiencing COVID-19 symptoms or have been in a contact with another symptomatic person.
- Booking is essential for all sessions.
- Please arrive on time and leave the facility immediately after your activity/workout. If you arrive late to your session access may be refused.
- We ask customers to adhere to physical distancing in our facilities and we are implementing maximum of 3 users per session for the safety of all.
- Please utilise the hand sanitising points when entering and exiting the centre.
- Please arrive in your workout attire, as there is no access to changing areas.
- Please follow signage within the facility.
- It is a mandatory requirement to wear a face covering when entering and moving around our facilities.
- No personal towels are to be used, please use the blue roll provided.
- Please bring your own full water bottle.
- Bands, Pilates balls, yoga and exercise mats are not available.

## Stephen Clackson's Letter from School Place (currently West Manse)

### Reporting on what your councillor is doing during virtually and really as the Covid-19 crisis continues

To keep up to date with the latest Council news and Covid-19 information as it pertains to Orkney, please check OIC's website at <https://www.orkney.gov.uk/>. Don't forget also to read *The Orcadian* and listen to *BBC Radio Orkney*. For Orkney Ferries information see <http://www.orkneyferries.co.uk/> or ring 01856-872044. For inter-island flights see <https://www.orkney.gov.uk/Service-Directory/T/internal-air-services.htm> or ring 01856-872494 / 873457. NHS Orkney has information at <https://www.ohb.scot.nhs.uk/coronavirus-covid-19-latest-information>. For Covid-19 testing telephone 01856-888221. For OIC's Homelessness Service ring 01856-873535 or 07921-582962. The Scottish Government's guidance is located at <https://www.gov.scot/coronavirus-covid-19/>.

SAGE has warned that Britain is "on the edge of losing control" of Covid-19, hence the introduction of the "Rule of Six". I have tried to dissuade OIC Leader, James Stockan from obsessively seeking variations for Orkney. We can't afford to play politics with a pandemic. We may feel safe on our islands, but, in reality, our situation is fragile and precarious. I was involved in a lengthy, multi-agency Covid-19 debriefing session, which I hope will bring improvements to handling the coronavirus crisis locally. I discovered recently that one of my great-great-great-grandmothers and her 9-year-old son died in the cholera pandemic (or "Asiatick" as it was called then) that reached Britain in 1832. Although it was barely at the dawn of the railway age, the disease spread rapidly across the country—a warning from history for all us. We still don't have a Covid-19 vaccine!



You may be wondering why I am illustrating this month's *Letter* with the front cover of the Westray SWRI's "Golden Jubilee Cookery Book". The reason is that it was published by the *Cienfuegos Press*, founded in Sanday in the 1970s by anarchist, Stuart Christie, who passed away on the 15<sup>th</sup> August. As well as a heap of anarchist literature, he also published "A Visit to the Island of Sanday", a nicely illustrated extract from Alexander Goodfellow's "Sanday Church History" (published in 1912). In the early 1960s, Christie hitchhiked to Spain to assassinate the Caudillo, Generalissimo Franco, was caught and was jolly lucky not to have been executed by garrotte. Sanday seems to be a haven for those willing to act on their convictions. Take, for example, my W.Manse councillor predecessors: Rev Matthew Armour (OCC 1890-99), who was imprisoned for inciting a political riot against a Tory parliamentary candidate; and Mrs Christine Muir (OCC 1964-75, OIC 1975-78), famed for refusing to sit down in the council chamber "until the water comes" (in her campaign to bring mains water supplies to the Isles).

I am taking up the speed-limit cause again by attempting to get speed limits reviewed throughout Orkney with full community participation. OIC reactions to Covid-19 have demonstrated that where there's a will there can be a way. "Cienfuegos" means "hundred fires". Just one bonfire of the bureaucracy which has consistently blocked progress on our speed limits would suffice!

At a Special General meeting back in April, if you remember, I supported an amendment calling for the "Orkney Harbours Masterplan Phase 1" to be referred back for proper scrutiny by all councillors rather than going through on the approval of merely the 6 members of the Harbour Authority Sub-Committee. Regrettably, the Chairman of D&I (my North Isles counterpart Cllr Graham Sinclair) refused to take it back and our amendment failed. I share the concerns of my colleague Cllr Steve Sankey expressed in his article in the 10<sup>th</sup> September issue of *The Orcadian*. The glossy "Masterplan" has now been released to the public. If you read it, you will observe that our crumbling North Isles lifeline harbour infrastructure is not addressed at all, and I urge my ward constituents and North Isles community councils to highlight this fact if they make a response.

Other meetings I have "virtually" attended this month include those of the Monitoring & Audit Committee, Education, Leisure & Housing Committee, Orkney Health & Care Committee, and Shapinsay Community Council; also a rescheduled Air Services Consultative Forum meeting, and patchy Skype attendance at an Orkney College Management Council meeting.

It was nice to attend a real event for a change. Owing to a combination of change of head and Covid-19, the achievements of both the 2019 and the 2020 school leavers were celebrated simultaneously in the playground of Sanday School. Well done to them all and to the staff who brought them this far. I wish them godspeed for the rest of their respective life journeys.

Since my last *Letter*, the goslings have become practically geese. Here they are a month later at the beginning of September.

Keep well and carry on!

*Stephen*

Cllr Dr Stephen Clackson  
West Manse, Sanday

[stephen.clackson@orkney.gov.uk](mailto:stephen.clackson@orkney.gov.uk)

You can download *Letter from School Place* from [fsp.pbworks.com](http://fsp.pbworks.com)

