

FREE!

# Rousay, Egilsay & Wyre Community Newsletter

The Review

October 2016

Produced by: Rousay Community Association

Subscriber: Electronic

## FATBURN EXTREME

### FATBURN™ EXTREME

# START DOING!

#timetoburn



ON SUNDAY OCTOBER 9<sup>TH</sup> AT 3pm  
**ROUSAY HEALTHY LIVING CENTRE**  
WILL BE LAUNCHING  
**FATBURN EXTREME**

AT THE ROUSAY COMMUNITY SCHOOL HALL

**CHALLENGE YOURSELF TO A FIXED 20 MINUTE,  
MAXIMUM INTENSITY, REST BASED WORKOUT  
USING ONLY YOUR BODYWEIGHT AND DETERMINATION**

**1<sup>st</sup> SESSION FREE**

WHAT YOU'LL NEED:

WATER, TOWEL, and APPROPRIATE CLOTHING & FOOTWEAR

IN THE TWO WEEKS PRIOR TO THE LAUNCH  
YOU CAN DROP INTO ANY SUPERVISED SESSION  
TO FIND OUT MORE ABOUT THE PROGRAMME AND  
HAVE A LOOK AT SOME OF THE EXERCISES INVOLVED

IF YOU ARE UNACCUSTOMED TO EXERCISE WE WOULD RECOMMEND THAT  
YOU USE THE FEW WEEKS PRIOR TO THE FATBURN EXTREME LAUNCH  
TO STEADILY INCREASE YOUR ACTIVITY LEVELS

## What's On at a Glance

**Sunday, 2<sup>nd</sup>**

→ Service, Church Centre, 11.30am

**Tuesday, 4<sup>th</sup>**

→ Taversoe InnQUIZition, 8pm

**Saturday, 8<sup>th</sup>**

→ Service, Church Centre, 11.30am

**Sunday, 9<sup>th</sup>**

→ Fatburn Extreme, Rousay Healthy Living  
Centre, 3pm

**Tuesday, 11<sup>th</sup>**

→ SWI, Rousay School, 8pm

**Friday, 14<sup>th</sup>**

→ Harvest Thanksgiving, Church Centre, 2.15pm

→ Brinian Play Park Grand Opening, 3.30pm

**Sunday, 23<sup>rd</sup>**

→ Service, Church Centre, 11.30am

**Saturday, 29<sup>th</sup>**

→ Christmas Preview Event, The Crafhub,  
2pm - 4pm

**Sunday, 30<sup>th</sup>**

→ Service, Church Centre, 11.30am

**Every Monday**

→ Coffee Morning, The Crafhub, 11am - 1pm

**Every Wednesday**

→ Spinning Circle, The Crafhub, 11am - 1pm

**Every Wednesday**

→ Art Club, The Crafhub, 3.15pm - 4.30pm

**Every Thursday**

→ Peedies Club, The Crafhub, 2pm - 3.15pm

To subscribe, or to send in articles for the next edition of the newsletter,  
please use the following contact details:

**Editor:** Kayleigh Tipper

**E-mail:** kayleigh@aroundrousay.co.uk

**Telephone:** 01856 821360

**Write:** Howdis Meadow, Rousay, KW17 2PR

**Deadline:** 27 October 2016 (5pm) - late articles are not guaranteed to be included

Funder logo



From the community  
For the community

## Services

at the Church Centre

Sunday 2nd October, 11.30am  
Local

Saturday 8th October, 11.30am  
Roy Cordukes



Friday 14th October, 2.15pm  
**Harvest Thanksgiving** with the school children

Sunday 23rd October, 11.30am  
Local

Sunday 30th October, 11.30am  
Roy Cordukes

Everyone welcome



## ADVICE OF NUMBER CHANGE

FOR ME 434 IS NO MORE

I have now ceased my landline.

Anyone wishing to contact me should now ring  
07729 616 530

Thankyou MIKE TOPHAM IVY COTTAGE

## Wanted: Cleaner

The Church Centre requires  
a cleaner for an hour a week.

Please contact Muriel Marwick 821 284  
by 15th October if you are interested.

## 'Thank You'

The members of the RNLI would like to say a  
big 'Thank You' to everybody who has  
supported, donated, volunteered and allowed  
us to use their venues for the following:

P2000  
Garden Fête  
Rousay Lap

An astounding £920.52  
has been raised from these events.



The next meeting of the SWI will be at 8pm on  
Tuesday 11th October when we look forward to  
welcoming Mrs Elizabeth Herdman with news from  
the Orkney SWI Federation.

The competitions will be 'Here's (a handicraft)  
something I made earlier' and 'An arrangement of  
grasses and seedheads'.

## Orkney Mobile Library

The visiting dates for the remainder of 2016 are:

**Thursday 3rd November 2016**



## Taversoe InnQUIZition

Tuesday October 4th @ 8pm

Free Entry

Snowball Jackpot

Light Snack Supper



Advance Notices for November:

## Taversoe InnQUIZition

Tuesday November 1st @ 8pm

Free Entry

Snowball Jackpot

Light Snack Supper



## Remembrance Sunday

Sunday November 13th at 12.00

Curry Buffet following the service at the Memorial

Please phone if you'd like to reserve a table: 821 325

Profits to the Poppy Appeal



## The Crafthub c.i.c.

### OCTOBER 2016 - CRAFTHUB NEWS

**DIRECTOR VACANCY** - The Crafthub C.I.C. is looking for a new Director to join the Board, preferably with experience or interest in accounts. Please contact us at The Crafthub for further details.

**NEW CRAFTERS** - This month the Directors are delighted to welcome one of our volunteers as a crafter, Sallie Hume, who has knitted some beautiful dolls, suitable for young children.

**NEW STOCK ITEMS - CALENDARS** - We have produced a Rousay, Egilsay and Wyre 2017 Calendar, which features sketches, paintings and photographs from The Rousay Drawing Group and some of our photographers. The calendar comes with an envelope, ideal for posting to friends and family for Christmas - LIMITED STOCK - POP ALONG TODAY TO AVOID DISAPPOINTMENT - ONLY £7.50 each

It has been a busy few weeks at The Crafthub with lots of workshops on offer, exploring a variety of interests across the arts. **Science Festival Week** - Last month The Crafthub hosted a workshop of science and arts as part of The Science Festival. Local artist Louise Barrington and Dr Michael Wharmby gave an interesting talk and interactive workshop to locals and visitors to the island. **YCREW/ART CLUB - Exploring Tie Dye** - This workshop was well attended with the children enjoying exploring the technique of tie dye. They are now learning a new skill of using a sewing machine to make a cushion, incorporating the tie dye fabrics. **INGRID GRIEVE OIL PAINTING WORKSHOP** - This workshop proved so popular, that Ingrid repeated it a second week to enable all those interested to take part. Everyone had fun, trying water based oil painting, learning basic skills and all succeeded in producing a painting on canvas. Thanks to Ingrid Grieve, for sharing her talents and enthusiasm for this medium. Next Spring Ingrid hopes to return to The Crafthub, for those wishing to develop oil painting techniques. **DEVELOPING WATERCOLOURS WORKSHOP** - The 6-week Developing Watercolours Workshop proved very popular, being fully subscribed with 8 local folk taking part, exploring developing the techniques of watercolour painting, in landscapes, still life and portraits, both inside and out of doors. Thanks to Joseph Hewes, the tutor, for providing support and encouragement to the attendees. Next Spring Joseph plans to repeat a Drawing Workshop and Beginners Watercolours for those who have enquired who wish to start from scratch with a new interest.

#### WORKSHOPS/EVENTS IN OCTOBER/NOVEMBER

**Christmas Preview Event - Saturday 29<sup>th</sup> October 2pm - 4pm**

**A great opportunity to start your Christmas shopping, in a relaxed atmosphere, supporting local crafters**

**A wide selection of local gifts for family and friends**

**Drinks and nibbles - don't forget to bring your 10% discount voucher**

**\* COMING UP \***

**MINCE PIES AND MULLED WINE - Saturday 3<sup>rd</sup> December 2pm - 4pm**

**FESTIVE FUN WORKSHOPS** - Friday 4<sup>th</sup> November 11am - 1pm and Thursday 24<sup>th</sup> November 7.30pm - 9.30pm. Come along to make a variety of Christmas Crafts in a friendly festive atmosphere, refreshments and all materials provided. £35 for each session (REW residents only £7 each - REWDT funding for the balance) PLEASE CONTACT THE CRAFTHUB TO BOOK YOUR PLACE IN ADVANCE

**If you are interested in any workshops, or have any other ideas for workshops you would like to see at The Crafthub, please let us know.**

Workshops at The Crafthub are part funded by Rousay, Egilsay and Wyre Development Trust. All residents of REW are eligible for this funding.

**Monday Coffee Morning** – Every Monday from 11am – 1pm. £2 a session – All welcome, informal chat or bring along a craft.

**SPINNING CIRCLE** – Drop in Spinning Workshops on Wednesdays from 11am - 1pm - £3 a session. Visitors welcome.

**Art Club** – Every Wednesday from 3.15pm - 4.30pm - All welcome age 5 - 11yrs £3.00 a session including materials and refreshments

**PEEDIES CLUB** – Every Thursday from 2pm - 3.15pm - Parents, Carers and Under 5's - £2 a session. Visiting families welcome. Please phone in advance if possible.

### OCTOBER OPENING TIMES

During OCTOBER **The Crafthub** will be open Monday – Friday - 11am - 5.30pm

PLEASE NOTE: We are now able to take most debit and credit card payments for over £15 at The Crafthub

e-mail : [crafthub@btconnect.com](mailto:crafthub@btconnect.com) website : [www.crafthuborkney.co.uk](http://www.crafthuborkney.co.uk)  
Go on Facebook today to keep in touch with Crafthub news and updates



## Islands View Surgery

**We are expecting our 'Flu' vaccines to arrive soon.**

**If you think you qualify, please contact the Surgery for an appointment.**

From 3<sup>rd</sup> October 2016, our opening hours will be changing slightly to the following:

<b>Monday</b>	<b>09:00-13:00</b>	
<b>Tuesday</b>		<b>14:00-18:00</b>
<b>Wednesday</b>	<b>09:00-11:00</b>	<b>16:00-18:00</b>
<b>Thursday</b>	<b>11:00-15:00</b>	
<b>Friday</b>	<b>10:00-12:00</b>	<b>16:00-18:00</b>

GPs from Dounby will continue to visit on Mondays, Tuesday, Wednesdays and Thursdays. Nurse Practitioners will continue to cover all emergencies and out-of-hours calls. The female GP, Dr Mimi Thomas, comes over on Thursdays; all other GP clinics are covered by Dr Jonathan Kirk or Dr Huw Thomas.

The above hours are the times when Administrative staff are available to make appointments, take prescription requests, dispense previously requested prescriptions, and so on. The Nurse Practitioners are able to see people outside these hours, by appointment. If you need to make an appointment with the NP, but the main office is closed, please phone the Nurses' direct line on 01856 821406.

### **A few reminders**

To prevent delays in getting any medication, please order AT LEAST five days before you will run out. Please try, whenever possible, to order early in the week.

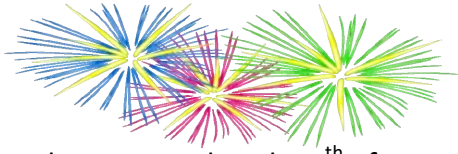
If you think your appointment is likely to take longer than the standard 15 minutes, please let us know when you book it. We can book longer appointments and are happy to do so.

Please arrive on time for your appointment.

All our GPs have boats to catch, and one person arriving late can have a knock-on effect for the rest of the clinic.

If you are travelling to a medical appointment outside Orkney, we can book your travel for you.

We can safely dispose of medication that you no longer need, or that is out of date. Please just hand it in at Reception.



“Remember, Remember the 5<sup>th</sup> of November,  
Gunpowder, Treason and Plot”

## **Bonfire Night & Fireworks**

**Saturday November 5<sup>th</sup>**

Pier Shore

Bonfire lighting at 6.45pm

Soup Supper

Anyone with suitable wood for use on the bonfire,  
please contact John on 821423 or Zoë on 821454.



## **Rousay Community Association**

Community Rooms must be booked,  
in advance, for use through the  
booking clerk on 821 383 /  
07522647794.

Failure to book may lead to the room  
you wish to book being unavailable.

## **Rousay Public Bus**

Every Thursday, 7am-7pm

To book, call 821 360.



## **Winter Opening Hours**

(from Monday September 26th 2016)

Monday & Tuesday - CLOSED\*

Wednesday to Friday - 12pm to 2pm & 5pm to 11pm\*\*

Saturday - 12pm to 11pm\*\*

Sunday - 12pm to 10.30pm\*\*

Food served Daily from

12pm to 2pm & 5pm till 9pm (Wed-Sat), and 7.30pm (Sun)

\* The bar will be open on the first Tuesday  
of the month for the Taversoe InnQUIZition.

\*\* If the bar is empty at 9pm we reserve the right to close early.

## **Food in October**

It's that time of year again.... The Olds are away on holiday.

If you would like to come in for a meal I would love to see you.

It would be very much appreciated if you could give me a quick call to  
make a booking so I can prepare and arrange for some help if required.

Many thanks, Carey

Taversoe - 821 325

## **Pier Restaurant**

Winter Opening Hours

**Monday** 11am-2pm then 4.30pm-11pm

**Tuesday** 11am-2pm then 4.30pm-11pm

**Wednesday** CLOSED

**Thursday** 11am-2pm then 4.30pm-11pm

**Friday** 11am-2pm then 4.30pm - 1am

**Saturday** 11am-1am

**Sunday** 4.30pm-11pm

Every Thursday

**Coffee Morning**

from 10a.m. - 12noon,  
coffee and cake for £3

First Sunday of every month,  
**roast dinner**,  
4.30p.m. and 6.30p.m. sittings,  
please book in advance.

Thank you to everyone  
who supported our

**Macmillan Coffee Morning**,  
we raised £180.

INTRODUCING...



*Heat Smart Orkney Ltd*

**DIVERTING UNUSED RENEWABLE ENERGY INTO AFFORDABLE HEATING**

*Heat Smart Orkney Ltd is a new organisation created specifically to administer and manage the **Heat Smart Orkney** project.*

The **Heat Smart Orkney** project creatively addresses the issue of fuel poverty -an issue which affects 63% of the population in Orkney- and plans to launch the project with our own community on Rousay, Egilsay & Wyre.

The aim of this exciting new venture is to show that, instead of curtailing community wind turbines when the grid reaches capacity, turbines can continue working, and the electrical energy generated can be diverted to secondary heating systems in our homes, causing our primary heating systems to work and cost less!

Initially, the **Heat Smart Orkney** project requires 100 households to agree to the installation of project-provided new heaters, flow boilers and/or immersion heaters to act as secondary heating systems that will power on when the turbine power is curtailed. **Installation is free, and Heat Smart Orkney will provide all of the equipment and technology required. As an additional bonus, for the first year, we will reimburse a minimum of 10% below your existing fuel expenses in exchange for being a part of this new trial project.** After the first year, we will continue to refund a portion of the charges relating to your tariff and amount of energy used.

We are excited to introduce **Heat Smart Orkney** to our community, and look forward to speaking with residents soon about this ground breaking new project and how it can help keep homes warmer for cheaper. The team is planning an official launch event, website, Facebook page and mail outs in the very near future- so do watch this space!

The **Heat Smart Orkney** Team:

Kira Hoffmann and Julie Morgan, Project Assistants, and Diana Compton, Project Officer

*Heat Smart Orkney is a subsidiary of the REW Development Trust and is partnered with*



*and funded by the Scottish Government through Local Energy Scotland and its Local Energy Challenge Fund*



### REWDT Year of Learning

We are currently arranging the following courses for the rest of this financial year; dates and additional information to follow. If anyone is interested in attending these, please can you let Helen in the Office know, and if there are any dates you cannot make.

- Food Hygiene - date confirmed: 7<sup>th</sup> November (see overleaf)
- Working at Height Awareness
- Manual Handling & Ladder Safety
- Safe use of pesticides - this course will allow you to purchase spraying chemicals

### Rousay Lap

Firstly, a huge thank you goes once again to all the volunteer marshals as well as our local volunteer ambulance team and everybody else who helped make the day such a great success and we hope you all enjoyed the day. Race results and photos are on the REWDT website.

A total of 122 competitors took part; 76 cyclists, 24 runners, and 22 walkers, circumnavigating the island in near perfect weather conditions. The Trust would also like to thank Scottish Water for providing additional water, Tesco's Kirkwall store for providing the sweets and treats available to all participants and the Rousay and Wyre Ladies RNLI Guild who provided refreshments and food after the finish line, raising £330.00. This sum was added to, from the generosity of those taking part in the Lap, and a further £142.64 was collected in the charity buckets situated at Registration and on the ferry.

Next year's race will again take place on the last Saturday in August, which will be the 26<sup>th</sup> August 2017! We look forward to seeing you all again next year and hopefully the midges won't be out in such large numbers!



### Brinian Play Park Grand Opening 14 October 2016

The long awaited opening of the Brinian play park will take place on Friday 14<sup>th</sup> October at 3:30p.m. All are welcome. Cake, pop, and balloons for the children will be available on the day. Come along and see what is new in the playpark.

### 80% Grants available for Rousay Healthy Living Centre Gym & Fat Burn Sessions

Under our current Wellbeing grant scheme, the Trust is able to offer eligible residents 80% grant support towards the costs of a 10-session Gym & Fat Burn book of tickets. If you would like more information, please either contact a member of staff at the Gym, or the Trust Office.

## FREE REHIS Elementary Food Hygiene

**Date : 07 November 2016**

**Time : 09:30 to 16:30**

**Venue: Church Centre**

### Aims:

To provide basic knowledge of safe and hygienic methods of preparing, handling and storing food.

### Qualification:

Royal Environmental Health Institute for Scotland Certificate in Elementary Food Hygiene on completion of a 30 minute examination consisting of 30 multiple choice questions.

For further information and to book a place please contact the REW DT Office on 821229 or email [info@rewdt.org](mailto:info@rewdt.org)

Lunch (soup and a sandwich) can be provided for £5.00 (payable on the day).



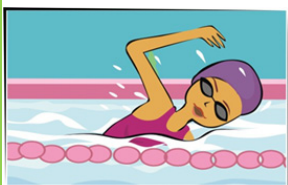
In partnership with  

 University of the  
 Highlands and Islands  
 Orkney College



Ask us for more information on the following things the Trust offers:

#### Free swim sessions



#### Subsidised rate

**AGE** Orkney  
*Concern*  
 Here2Help

#### Free lanterns



#### Grant Schemes

General Grants  
 Driving Lessons  
 Educational Bursaries  
 Wellbeing

#### Car Club

Contact  
 us to  
 join!



### Grant Applications and Education Bursaries

For a grant application form, please go to our website or contact the Office.

All applications must be received a minimum of **two weeks** before the planned Board meeting date or training event. This is to allow sufficient time for applications to be processed.

The following meetings are planned (any changes to these will be published on our website):  
 Wednesday 12 October; Saturday 12 November (AGM); Wednesday 7 December.

### Contact Us

**Telephone:** 01856 821229

**E-mail:** [info@rewdt.org](mailto:info@rewdt.org)

**Website:** [www.rewdt.org](http://www.rewdt.org)

**Facebook:** [www.facebook.com/rewdt](http://www.facebook.com/rewdt)



Office Drop-In Times: 10am to 12 noon (Monday, Tuesday, Wednesday) - contact to arrange an appointment outwith these times



Free Wi-Fi access is available to use at the Trust Office

**Directors:** Richard Tipper (Chair); Danny Daintith (Vice-Chair); Clare Daintith (Treasurer); Hilary Byland; Diana Compton; John Garson; Mark Hull; Carole Maguire; Alison Mainland; Bryan Milner; Alan Odling; Sarah Odling; Kayleigh Tipper

Rousay, Egilsay and Wyre Development Trust is a charitable company limited by guarantee.

Co. Reg. No: SC318527 Charity Reg. No: SC040407

Registered Office: The Manse, Rousay, Orkney, KW17 2PR



## Stephen Clackson's Letter from School Place

I apologise to the folk of Stronsay for not making it over as planned to chair the Northwind public meeting on the 7<sup>th</sup> September. Unfortunately, I got fog-bound at Sanday Airfield. This is more the sort of experience you hope will happen to transport consultants, in order to give them a taste of the realities of inter-island travel. Fortunately, at a seminar I attended on the Inter-Island Air & Ferry Transport Study being undertaken on our behalf by Peter Brett Associates (whom many of you will have met recently at the transport engagement events in the Isles), it was clear that the consultants have now got a good grasp of the main issues, how it is for us in the Isles, and what our transport needs are. Fog also prevented some of the transport reps getting into Kirkwall for the Air Services and Ferry Services Consultative Forum meetings. Timetables for summer 2017 were discussed, and for both planes and ferries these will broadly be remaining the same as last year. There was an appeal from the Ferry Services Manager for organisers to arrange events around the ferry timetables and not for Orkney Ferries to arrange the timetables around events.

A seminar was held to present and discuss the first draft of our Council travel policy, the intention of which is to cut down the expense of travel for both OIC employees and councillors. Our geographical location means that we have to travel considerable distances to reach the centres of power. There is an unavoidable cost involved with this, which we have to accept if Orkney is not to be disadvantaged. To be effective, in my experience, you have to be physically present at meetings. Useful as it is, video-conferencing really doesn't cut it. And then there are the pre- and post-meeting conversations that you miss out on if you're not there (or have to rush in at the start and leave straightaway at the end)—the conversations where contacts are established, networks are tapped into, deals are negotiated, and the decisions are really made.

At the Education, Leisure & Housing Committee meeting, approval was unanimous for the Appiehouse Stone (which displays both Pictish and Christian iconography) to be returned to Sanday. Following the meeting, we had a briefing on Education Scotland's new plans for raising attainment: "closing the gap and raising the bar" and "delivering excellence and equity", as they put it. I think "Plain Words", Sir Ernest Gower's classic guide to the use of English, must have dropped out of the Scottish curriculum some time ago!

I met with the new Japanese Consul, Daisuke Mutsunaga, who was in Orkney for the visit of pupils and teachers to the county from Kamaishi High School. He spoke about opportunities for young people in Orkney to experience Japanese culture through the Japan Exchange & Teaching Programme (JET), which is now in its 30th year.

I attended a meeting of the Orkney Memorial Fund, of which, as Vice-Chair of Education, Leisure & Housing, I am *ex officio* an administrator. This fund exists primarily to provide assistance to families with dependent children who have suffered hardship as a result of the sudden death or incapacity of a parent. Requests to the fund are lodged directly by elected members.

An afternoon coach tour was arranged for members of the Education, Leisure & Housing and Development & Infrastructure committees to look at some of the Council's "work in progress". This included the new hospital site, housing in Kirkwall, a development site at Hatston, and the new school building at Evie.

I sat on the shortlisting and interview panel for appointing a new headteacher for Westray Junior High School. We offered the post to Sarah Jones. Sarah is currently Vice-Principal—Student Development at BSix Brooke House Sixth Form College, which serves Hackney in London. Prior to that, she co-founded and was Deputy Head at Greenwich Free School. I am pleased to say she has accepted our offer. Her starting date has yet to be confirmed.

In Kirkwall, this month, I have also attended pre-agenda and pre-meetings of Education, Leisure & Housing, a High-Cost/Extraordinary Care Arrangements meeting (this is an officer/member group responsible for the wellbeing of children and young people with exceptional care needs and those in out-of-Orkney placements), meetings of the House-Build Programme Board, Orkney College Management Council, Licensing Sub-Committee, Licensing Board, and Orkney & Shetland Valuation Joint Board. In addition, I convened face-to-face meetings with Council officers to discuss certain proposals and practices, brought to my attention by ward constituents, which clearly contradict, where the North Isles are concerned, our "Council values" of **promoting survival and promoting sustainability**.

In the Isles, I have been along to meetings of the Sanday, Shapinsay and North Ronaldsay community councils, Stronsay Parent Council, and Shapinsay Community School Planning Group.

THAW (Tackling Household Affordable Warmth) is making "Cosy Home Packs" available to OIC and OHAL tenants who are in fuel poverty (defined as having to spend more than 10% of their household income in order to heat their dwelling satisfactorily) and who suffer from long-term ill-health conditions. If you think you or someone else may be eligible, THAW can be contacted by telephoning: 01856-878388, e-mailing: [info@thaworkney.co.uk](mailto:info@thaworkney.co.uk), or calling in at their office at 15 Victoria Street, Kirkwall.

There is currently a Government Scotland consultation underway about permitting electrofishing for razor clams. This practice could have a serious detrimental impact on the sustainability of traditional spooting in our islands. The public can have its say at: <https://consult.scotland.gov.uk/digital-communications/electrofishing-for-razor-clams>

I shall be going to the meeting of Stronsay Community Council on the 17th October (weather permitting!).

Cllr Dr Stephen Clackson  
West Manse, Sanday  
[stephen.clackson@orkney.gov.uk](mailto:stephen.clackson@orkney.gov.uk)



**Rousay Horticultural Society**  
**Annual Show 2017**  
**Saturday 5th August 2017**

**2017 Schedule**

**TATTIES IN A BUCKET**

Seed tattie and bucket supplied March 2017  
Look out for notices.

**LONGEST CARROT COMPETITION**

**MOST EXOTIC PLANT**

.....  
**SECTION 1 TEXTILE CRAFTS**

**HANDKNITTING**

1. Sleeveless pullover \*TRAD
2. Hat (more than 1 colour)
3. Wristwarmers
4. Knitted bag

**CROCHET**

5. Article in wool
6. Article in cotton

**SEWING**

7. Cushion with opening
8. Oven gloves \*TRAD

**EXTRA**

9. Article using any textile craft N.O.S.

.....  
**SECTION 2 HANDICRAFTS**

1. Jewellery
2. Wooden article \*TRAD
3. Decorated card
4. Painting (oil)
5. Painting (watercolour)
6. Drawing (any medium)
7. Photograph – Flower
  - a. Digital.
  - b. Conventional
8. Amusing Photograph with caption
9. Any other craft N.O.S.

.....  
**SECTION 3- BAKING**

**PLAIN BAKING**

1. Fattie Cutties (3) \*TRAD
2. Thick oatcakes, rounds (3)
3. Oven scones (3)
4. Wholemeal loaf (oven only)
5. Plaited loaf
6. Hot Cross Buns (3)

**LARGE CAKES**

7. Multi-layered cake, frosted
8. Coffee & Walnut loaf, topped
9. Bakewell tart \*TRAD

**SMALL CAKES**

10. Jaffa cakes (3)
11. Decorated biscuits (3)
12. Tiffin (3) \*TRAD

**SECTION 4- DAIRY AND PRESERVES**

1. Six hen's eggs \*TRAD
2. Rhubarb Jam \*TRAD
3. Gooseberry Jam
4. 3 Fruit marmalade
5. Fudge (6)
6. Uncooked Chutney
7. Home made wine
  - a. kit
  - b. natural
8. Home Brew \*TRAD
9. Platter: bere bannock, homemade butter & homemade cheese

.....  
**SECTION 5 VEGETABLES & FRUIT**

**VEGETABLES**

1. Cabbage (1)
2. Leeks (1) \*TRAD
3. Lettuce, any variety (1)
4. Peas (3 pods)
5. Carrots (3) \*TRAD
6. Onions (3)
7. Radishes (3)
8. Tomatoes (3).
9. Broccoli (1)
10. Any other vegetable N.O.S.

**POTATOES -**

(Please note that white potatoes with pink eyes are classed as coloured)

11. Potatoes - round, white (3)
12. Potatoes – long, white (3)
13. Potatoes - round, coloured (3)
14. Potatoes - long, coloured (3)

**EXTRA**

15. Container of Veg. (1 each of 5 varieties)
16. Container of Traditional Veg. (2 potatoes, 2 onions, 2 carrots, 1 cabbage) \*TRAD

**FRUIT**

17. Gooseberries (6) \*TRAD
18. Blackcurrants (6)
19. Raspberries (6)
20. Any Fruit N.O.S.

.....  
**SECTION 6 - FLOWERS**

**POT PLANTS**

1. Hanging plant
2. Succulent
3. Flowering Plant
4. Any Herb in a Pot
5. Any Pot Plant NOS.

**FLORAL ARRANGEMENTS**

- NB. Bought flowers can be used in arrangements.
6. 3 blooms with foliage
  7. Arrangement in a wine glass

**CUT FLOWERS-ANNUALS**

8. Scotch Marigolds (3)
9. Sweet Peas (3)
10. Candy tuft (3)
11. Annual N.O.S. (3)
12. 4 kinds of Annual in a Vase

**CUT FLOWERS - PERENNIALS**

13. Pansies/Violas (3)
14. Pinks (3)
15. Rose (3)
16. Flowering Shrub (3 sprigs)
17. Perennial N.O.S. (3)
18. 4 kinds of Perennial in a Vase
19. 4 kinds of Flowering Shrub in a Vase

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**SECTION 7**

**CHILDREN'S SECTION**

**PRE-SCHOOL,**

**PRIMARY 1-3, and P4-7**

1. Mask
2. Pot of Summer Bulbs (provided by R.H.S.)
3. Lego Model
4. Decorated biscuit (3)

**SECONDARY**

5. Any artwork
6. Any craftwork
7. Victoria Sandwich, jam filled
8. Photograph - Seascape

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**SECTION 8**

**VISITING CHILDREN**

1. Mask
2. Decorated biscuit (3)

**VISITING ADULTS**

3. Decorated card
4. Tiffin (3)
5. Artwork (any subject and medium)

**Key:**

N.O.S. = Not on schedule

TRAD = Traditional Skill (special prize)