

# Rousay, Egilsay & Wyre



# REVIEW



September 2014

Electronic Edition



## Rousay Lap



LOTTERY FUNDED

Well done to everyone who took part in this year's Rousay Lap, and a big thank you to everyone who helped us to organise another successful Lap, which saw a record 83 participants.

We are currently compiling this year's results, but this year saw a record finishing time of just 38 minutes and 56 seconds.



Tuesday 9<sup>th</sup>  
September 2014

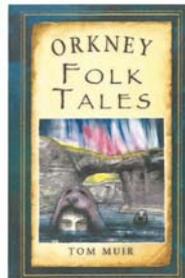
### Cookery Demonstration from Ann Poke

#### Competitions

1. Autumn Arrangement
2. Any type of jam

Refreshments served

8pm at the  
Community Hall



### 24 Islands/24 Hours

### Orkney Folk Tales with Tom Muir

The Craffthub, Rousay

2pm Friday 12th September

All welcome.



## Orkney's Internal Air and Ferry Services Survey

Orkney Islands Council is conducting a survey into the use of Orkney Ferries services. Isles residents are being asked to complete the survey by Wednesday 3rd September 2014, using the link below:

[http://www.researchnowsurveys.com/survey/  
VOP05081411014519CSPP/enter.asp](http://www.researchnowsurveys.com/survey/VOP05081411014519CSPP/enter.asp)

For paper copies of the survey, please contact OIC on 873535.

## What's On at a Glance

### September 2014

#### Tuesday, 2<sup>nd</sup>

→ The Taversoe InnQUIZition, 8pm

#### Thursday, 4<sup>th</sup>

→ Mobile Library Van

→ Summer Loving (Ladies Who Sing),  
Craffthub, 8pm

#### Sunday, 7<sup>th</sup>

→ Service, Church Centre, 11.30am

#### Tuesday, 9<sup>th</sup>

→ SWRI, Rousay School, 8pm

#### Wednesday, 10<sup>th</sup>

→ North Isles Landscape Partnership  
Workshop, Church Centre, 7pm-  
9pm

#### Friday, 12<sup>th</sup>

→ North Isles Landscape Partnership  
Workshop, Church Centre, 10.30am-  
12.30pm

→ Service, St. Mary's Chapel,  
Westness, 11.30am

→ Orkney Folk Tales, Craffthub, 2pm

#### Saturday, 13<sup>th</sup>

→ Service, Church Centre, 11.30am

#### Saturday, 20<sup>th</sup>

→ Clay Pigeon Shoot, Onziebust  
(Wyre), 2.15pm (1.30pm ferry from  
Rousay, 1.35pm ferry from Egilsay)

#### Sunday, 21<sup>st</sup>

→ Service, Church Centre, 11.30am

→ Tommy's Local History Event,  
Church Centre, 3pm-7pm

#### Saturday, 27<sup>th</sup>

→ Macmillan Biggest Coffee Morning,  
Pier Restaurant, 12.30pm-2pm

#### Sunday, 28<sup>th</sup>

→ Service, Church Centre, 3.30pm

#### Every Monday

→ Crochet Workshop, Craffthub,  
2pm-4pm

#### Every Wednesday (except 17<sup>th</sup> & 24<sup>th</sup>)

→ Art Club, Craffthub, 3.15pm-4.30pm

#### Every Friday

→ Crafternoon, Craffthub, 2pm-4pm

## The Taversoe

### Taversoe InnQUIZition

8pm September 2nd  
Free Entry  
Snowball Jackpot - £226  
Light Snack Supper

### Saturday September 13th

We will be Closed All Day

### Holiday Closure

Closed Monday September 29th for Two Weeks  
Reopening Wednesday October 15th  
We will be Open at 6.30pm for the Poker and the Quiz  
InnQUIZition - Tuesday October 7th  
Poker League - Sunday October 5th & 12<sup>th</sup>



[AroundRousay.co.uk](http://AroundRousay.co.uk)

For the latest news and events:  
[www.facebook.com/AroundRousay](https://www.facebook.com/AroundRousay)



**Service at St Mary's Chapel,**  
Westness,  
on Friday 12 September at 11.30.

All very welcome.



### Church Services in the Church Centre

Sunday 7th September, 11.30am  
Local

Saturday 13th September, 11.30am  
Roy Cordukes

Sunday 21st September, 11.30am  
Local

Sunday 28th September, 3.30pm  
Communion Service with Roy Cordukes

All welcome.

### Ladies Who Sing

*"Summer Loving"*

Ladies Only  
Thursday 4th September, 8pm  
The Craithub



### Tommy's Local History Event

Sunday 21st September 3-7pm  
at the Church Centre.

Please come and join us for an afternoon of local history. Browse through maps, memorabilia, and share memories over a cup of tea or coffee. All proceeds raised from the event go to the Triangle Club. Hope to see you there, please support us.



### Macmillan Biggest Coffee Morning

In aid of Macmillan Biggest Coffee Morning

You are invited to PIER RESTAURANT  
on SATURDAY 27th SEPT  
for HOMEMADE SOUP and BREAD  
followed by COFFEE and CAKE

12.30pm till 2.00pm

RAFFLES / GUESSING GAMES

Everybody welcome



**For Sale**

Table and 4 chairs

£20

Sally 821 383



**For Sale**

Pets memorial stone 35.00

Submerged croc garden ornament 10.00

Tel Trish 821 424



**For Sale**

Stone wall ornament (horse)...

10.00



**For Sale**

Thick lined curtains with tie backs...

15.00

72x72



**For Sale**

Large stone clasped hand bird feeder.

20.00

821 424



**For Sale**

Sentimental pets memorial stone

35.00 ONO

Very heavy item



**For Sale**

A range of chicks and hens

All ages

Telephone Gavin at Bigland 821 244

**Diagnostics Service**

We have professional diagnostics same as garages in Kirkwall they charge 35.00 plus for finding and removing faults. This machine doesn't cure the problem but does find out what it is and cancels any warning lights on dash (same as the garages in Kirkwall ). So 35.00 plus travel fares exceeds. We are charging 15.00 for use of this equipment which will save a trail to town.

821 424 :-)



**Tutor Wanted**

Looking for a tutor for teaching maths maybe 2 hrs-4hrs a week. Willing to pay for time and fuel.

Contact Trish....821 424

## Thank You

Diana Compton would like to thank everyone for their kind thoughts, cards and gifts whilst recovering from surgery. This has been greatly appreciated. She would also like to remind everyone that she is still not back at work yet and will not be clerking at the next CC meeting on the 16 September 2014. If you have any points that you wish to bring to the attention of the members and need including on the agenda, please contact Democratic Services at OIC. Thank you again.

# NORTH ISLES LANDSCAPE PARTNERSHIP WORKSHOP

**When: 7-9pm on Wednesday 10th September 2014**

**Where: Church Centre, Rousay**

An additional workshop will be held:

**10:30am-12:30pm on Friday 12th September 2014  
at the Church Centre**

As part of developing the stage 1 bid for the North Isles Landscape Partnership Scheme, a workshop will be held from 7pm to 9pm on Wednesday 10th September to help inform the themes and aspirations of the potential scheme.

The workshop provides an opportunity to consider what makes the landscape of Rousay, Egilsay and Wyre unique, the problems and opportunities it faces, and how the scheme could address these through heritage, people and community related projects.

There will also be a workshop on **Friday 12th in the Church Centre** from **10:30am to 12:30pm**. For those attending from Egilsay and Wyre on this date please contact us in advance on **01856 873535** to cover ferry costs and transport arrangements.

If you have any queries please contact Alan Muir by:  
phone- **01856 873535** (extension 2516)  
email- **[Alan.Muir@orkney.gov.uk](mailto:Alan.Muir@orkney.gov.uk)**



*From the community  
For the community*

## **Potential New Community/Business Centre**

The Board of Rousay, Egilsay and Wyre Development Trust has now launched its Invitation to Tender and Project Brief to appoint a Design Team to develop a Business and Community Centre on the land at Windbreck, Rousay. In the meantime, if anyone has any ideas or suggestions for this new building, please contact the Office.

## **Reducing Curtailment**

We attended an event hosted by SSE following their consultation exercise at the beginning of the year, regarding the grid issues in Orkney. It was a disappointing outcome for us, in that we were advised that any transmission or distribution upgrades of the Orkney grid have now been put back to 2020. This does, though, mean that we now have clarity that what we have now, is all we will have from SSE, and it raises the importance of the projects we are testing technologies for, to introduce electricity demands at properties in Orkney. We are in negotiations with a couple of outlets in Rousay, and we hope to be able to report more in the next *Review*.

## **Electric Vehicle**

The Electric Vehicle ('EV') is still available for residents to use. In order to use the vehicle, you must have held a clean, full UK driving licence for at least two years, and be between the ages of 21 and 70.

Currently the EV is not being driven enough to meet the testing that is required for the project's success, and we are nearing the end of our trial period. If you would like to use the EV for a day, please book with Helen at the Office.

## **Summer of Sports**

The Trust has been successful in a grant application from 2014 Communities Fund for £2,000 towards the costs of this year's Rousay Lap and to also offer all residents the chance to try out various sports that are currently not available on our islands.

Coming up in September, we have organised classes for Chi Kung and Tai Chi, as well as a Clay Pigeon Shooting Taster Day. Look out for more information on Traditional Dance Classes soon.

## **Chi Kung & Tai Chi**

We have booked Mike Henderson to host both Chi Kung Energy Exercise and Tai Chi classes on Tuesdays in September (excluding 2<sup>nd</sup> September). See our poster overleaf for more information.

## **Clay Pigeon Shooting Taster Day (in partnership with Rousay Gun Club)**

Event to be held on Wyre. The ferry costs will be paid by the Trust - just let the ferry crew know. See our poster on the back page for more details.



**LOTTERY FUNDED**

### Grants, Loans and Education Bursaries

Grant/loan application forms are available to download from our website, or alternatively please contact the Office.

Starting an educational course? The Trust offers bursaries for training courses and qualifications. Application forms are available to download from our website, or please contact the Office.

### Here2Help

The Trust currently provides a subsidy towards the cost of Age Concern Orkney's **Here2Help** service.

If you would like more information on this service, please contact Caron Jenkins at Age Concern Orkney - telephone 872438 or e-mail [caron@ageconcernorkney.org.uk](mailto:caron@ageconcernorkney.org.uk)

### Community Broadband Fund

To assist domestic households who may seek to improve their broadband connection speeds, the Board has agreed to put aside a total fund of £2,000 to meet the equipment and installation costs for faster broadband, until the end of March 2015. Application forms are available to download from our website, or please contact the Office.

### Wi-Fi Centres

Our Wi-Fi centres at Rousay School, Egilsay Community Hall, and Wyre Community Hall are fully operational. Wi-Fi broadband access is available, together with a laptop computer and printer.

### Office 'Drop-In' Times

Our 'Drop-In' times are usually 10am to 12 noon on Monday, Tuesday and Wednesday. It is better to give us a call before you come, to check we are not out on Trust business.

### Contact Us

**Telephone:** 01856 821229

**E-mail:** [info@rewdt.org](mailto:info@rewdt.org)

**Website:** [www.orkneycommunities.co.uk/rewdevtrust](http://www.orkneycommunities.co.uk/rewdevtrust)

**Facebook:** [www.facebook.com/rewdt](http://www.facebook.com/rewdt) 

Rousay, Egilsay and Wyre Development Trust is a charitable company limited by guarantee.  
Co. Reg. No: SC318527 Charity Reg. No: SC040407  
Registered Office: The Manse, Rousay, Orkney, KW17 2PR



To book your place or for more information, please either email Helen on [Helen@rewdt.org](mailto:Helen@rewdt.org) or phone the office on 821 229



## Summer of Sports Free Tai Chi Chuan & Energy Exercise Classes



Every Tuesday at the Church Centre  
from 9 to 30 September 2014.

Chi Kung Energy Exercise 3:20 p.m.

Tai Chi starts 4:15 until 5:15 p.m.

Come to one or both for free.

Excellent gentle exercise for all ages and abilities.

All Welcome

Mike Henderson

Senior Instructor Wutan Tai Chi Chuan

Children must be accompanied by an adult at all times.



LOTTERY FUNDED

# Keep well

Are you worried or concerned about yourself, a friend or family member developing -

**Heart attack?**  
**Stroke?**  
**Diabetes?**



A **FREE** Health Check is available

## What is Keep Well and how does it affect me?

The aim of the Keep Well programme is to identify people who are at high risk of developing cardiovascular disease and to **prevent strokes and heart attacks before they happen**. Health checks are therefore offered to people who are well at the moment in order to assess their risk of having a heart attack or stroke in future. This is an opportunity to talk about keeping a healthy heart, maintaining a healthy lifestyle and to discuss any other health worries or concerns.

## Who should have a Keep Well Check?

- ✓ People aged 40 to 64 years old
- ✓ No existing health problems like diabetes, heart disease or high blood pressure.
- ✓ No full health check in the last 5 years

## How long is the check and is there any cost?

Approximately 30 minutes. It is free and completely confidential.



## What is checked?



Blood pressure and pulse



Cholesterol



Blood sugar



Height and weight



Waist measurement



General lifestyle

## What happens if my Cardiovascular risk is high?

Don't panic! We can offer support with healthy eating, drinking less alcohol, keeping fit and stopping smoking. Some people could benefit from medication to reduce the chances of them having a heart attack or stroke in the future. We can also help people cope with low mood, anxiety and stress and advise regarding other services that can help (e.g. counselling, help with money and benefits).

To arrange a Keep Well check or for more information please contact Islands View Surgery on 01856 821265 or by e-mail ([ork-hb.gp38084-rousay@nhs.net](mailto:ork-hb.gp38084-rousay@nhs.net)).



# Letter from School Place

"The summer is ended, and we are not saved" (Jeremiah 8:20). And the new council year is about to commence!

Not that there weren't a few matters to attend to during the council recess. For example, I attended a meeting with Liam McArthur MSP about our air ambulance service, and initiated an improvement to the door stop at Loth Pier waiting room.

On the 4<sup>th</sup> August, we turned out our lights at the West Manse between 10 p.m. and 11 p.m. to join in the national moment of reflection on the Great War. H.G. Wells is attributed with describing this conflict as "the war to end war", however, seeing how little the human race has learned over the intervening century, I consider a quote by George Santayana to be more pertinent: "Only the dead have seen the end of war." It is also worth remembering another saying by him: "Those who cannot remember the past are condemned to repeat it."

It was good to meet visitors from other North Isles at the Sanday Show. For the first time since geese have been shown at the Show, the Clackson family had to face competition. And the competition won the best goose/gander trophy! Well done, Drew. Nevertheless, we won other poultry prizes and had successes in the Industrial Section, although not (regrettably) for this photograph, entered by wife, of me back in my Sanday Airfield fire & rescue days:



The new term at School Place will be getting underway with a training day for the Licensing Board, followed by the Inter-Isles Air Services and Ferry Services Consultative Forum meetings, to which Isles' community council transport reps are invited.

Views are currently being sought from Isles residents on the internal air and ferry services. Paper copies of the survey have been, and still are, available on board the Earl Sigurd, Earl Thorfinn and Varagan, and also from the inter-island check-in desk at Kirkwall Airport. The survey can also be completed online via this rather hideous link:

[http://survey.researchnow.com/wix3/p1158125165.aspx?R=483&S=HFCEMETN&\\_\\_state=967](http://survey.researchnow.com/wix3/p1158125165.aspx?R=483&S=HFCEMETN&__state=967)

or you can contact OIC's transport team by e-mailing [transport@orkney.gov.uk](mailto:transport@orkney.gov.uk) or telephoning 01856-873535. The results of the survey will be fed into work with the Scottish Government to analyse the current ferry provision, as well as into the Council's own air and ferry study. The deadline for responses is 3<sup>rd</sup> September, so I would urge everybody who has not already done so to put in their ha'penny's worth. No use complaining later, when we are burdened with a service nobody wanted.

On the subject of deadlines, there are some associated with the forthcoming Independence Referendum:

2<sup>nd</sup> September – date by which you must be registered to vote;

3<sup>rd</sup> September – deadline for applying for a postal vote, or for cancelling a postal vote should you wish to vote in person;

18<sup>th</sup> September – polling day and date by which postal votes must reach the Counting Officer (by 10 p.m.).

Our local Electoral Registration Office is at 8 Broad Street, Kirkwall KW15 1NX (in the door on the cathedral side of The Reel and up the stairs), telephone number 01856-886350, e-mail [ero@orkney.gov.uk](mailto:ero@orkney.gov.uk) .

The new term has already started for Orkney's schools, and I am sorry to say, at the time of writing, that the promised Wi-Fi access to the Internet at the Papdale Halls is not yet operational. Let me reassure the Isles' KGS students staying there that I am on the case.

If you are in town on the 4<sup>th</sup> September, why not go along to the opening lunch of the Orkney Science Festival at the Town Hall, where, among other local fare, you will be able to savour Sanday Honey, produced by the busy bees at the West Manse.

*Stephen*

Cllr Dr Stephen Clackson

West Manse, Sanday

[stephen.clackson@orkney.gov.uk](mailto:stephen.clackson@orkney.gov.uk)



## The Craffhub C.I.C.

### CRAFTHUB NEWS

The Craffhub has welcomed another new crafter last month, bringing the total of crafters contributing to our Community Interest Company to 57, plus *Sourin Style*, with the Rousay Primary children's jewellery. All crafters are still residents of our three islands or have family/friend connections, making The Craffhub C.I.C. a real boost to the local economy.

Our knitters and crocheters have been busy this summer, keeping up with orders to replenish The Craffhub shelves. Some of the popular products include ganseys, tunics and cushion covers by Doreen Taylor, headbands and hats by Kathryn Marwick, hats and fingerless mitts by Wendy Carroll and socks by Shelagh Grieve.

The Craffhub is hosting **24 Islands/24 Hours - ORKNEY FOLK TALES with TOM MUIR** on Friday 12<sup>th</sup> September at 2pm. All welcome. Admission Free.

### WORKSHOPS AT THE CRAFTHUB

The **Crochet Workshop** has resumed again on Monday afternoons from 2 - 4pm. Anyone interested in joining the group please contact The Craffhub for details.

**Crafternoon** resumes on Friday afternoons 2 - 4pm. Pop along with the craft you are working on to meet with others and have a natter.

**Summer Holiday Art Club** - The papier mâché birds are now finished and ready to fly to an exhibition in Stromness, before being taken down to Edinburgh. For details visit our Facebook page or phone The Craffhub direct.

Art Club continues at The Craffhub after school on Wednesdays from 3.15pm - 4.30pm. PLEASE NOTE - **NO ART CLUB** on Wednesday 17<sup>th</sup> or 24<sup>th</sup> September.

**PAPER MAKING** - The paper making workshop at The Craffhub was a great success with 9 participants, adults and children, both local and visitors to Rousay. Thank you to Diana Merrick for her enjoyable introduction to paper making. She will return next summer for those who missed this year's workshop.

**Enamel jewellery making** workshop will be offered during the Autumn and the **Drawing Workshop** will return. If you are interested please phone for more details and to book.

If anyone has any other ideas for crafts or skills they would like to try or improve, contact The Craffhub and we will look into more workshops over the coming months.

Phone Hilary at The Craffhub 821 455 for further information on the above.

### SUMMER OPENING HOURS

The Craffhub will be open from 11am – 5.30pm every day during September.



With Funding From Rousay, Egilsay and Wyre Development Trust



Like us on  
Facebook

## Surgery Opening Times (Tel.: 821265)

(Note: the Doctor will not always be present or available during these hours)

<b>Monday</b>	<b>9:00-12:30</b>	<b>16:30-18:30</b>
<b>Tuesday</b>	<b>9:00-11:30</b>	
<b>Wednesday</b>	<b>9:00-11:30</b>	<b>17:30-19:30</b>
<b>Thursday</b>	<b>9:00-11:30</b>	
<b>Friday</b>	<b>9:00-11:30</b>	<b>16:30-18:30</b>

If you require medical assistance in an emergency, please phone **999**. If you require urgent medical advice, and cannot wait until the surgery is open, please contact the Balfour switchboard on **888000** and ask them to page the Rousay GP.

If you need to order medication when the surgery is closed, you can leave a message on the answering machine, or e-mail us on **ork-hb.gp38084-rousay@nhs.net**

Please be as specific as possible about which medications you require, to prevent delays in ordering.

The Nurse is on Rousay Tuesdays, Wednesdays and Thursdays. She can be contacted directly on 821406.



## Summer of Sports Free Clay Pigeon Shoot at Onziebust, Wyre



Rousay, Egilsay & Wyre Development Trust  
in association with Rousay Gun Club



To book your place or  
for more information,  
please either email  
Helen on  
[Helen@rewdt.org](mailto:Helen@rewdt.org)  
or phone the office on  
821 229

**Saturday 20th September**  
**starting at 14:15**

**You will need to get the**  
**13:15 Ferry from Rousay &**  
**13:35 Ferry from Egilsay**  
**All Welcome**

Children under 16 must be accompanied by an adult at all times.



LOTTERY FUNDED

All items for the October 2014 Review should be received by  
The Editor, Kayleigh Tipper, by **Saturday 27 September 2014, 5pm.**

Telephone/Fax: 01856 821 360 E-mail: [kayleigh@aroundrousay.co.uk](mailto:kayleigh@aroundrousay.co.uk)

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